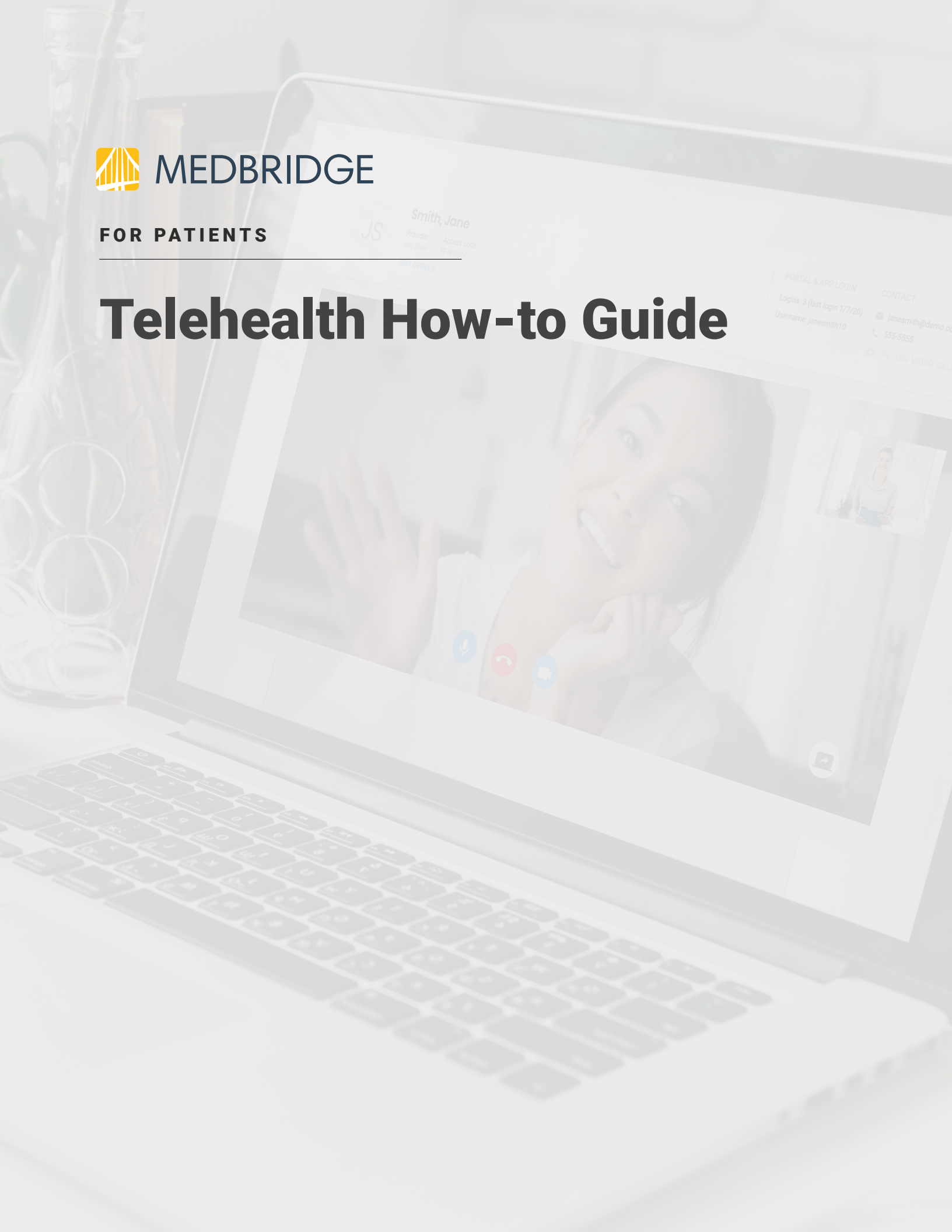




MEDBRIDGE

FOR PATIENTS

Telehealth How-to Guide



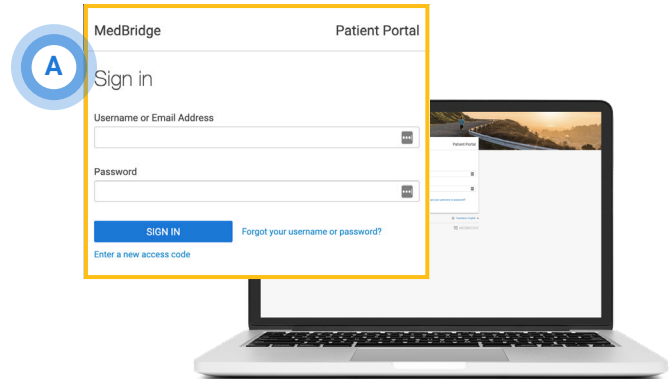
Navigating to Patient Portal

1 Click **Join Call** in the email or text message you received from your provider to access the Patient Portal.

2 Sign into your account.

For Existing Patients:

A Sign in using your username and password.



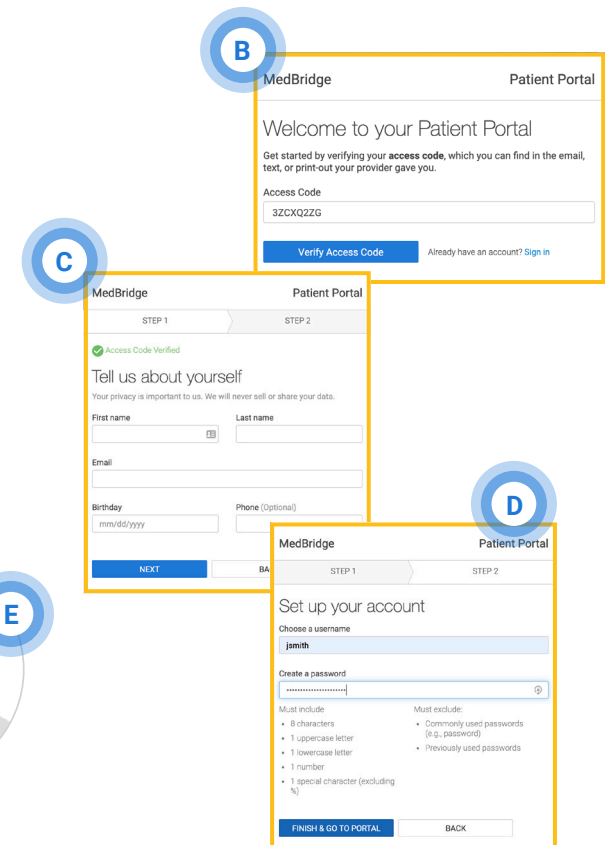
For New Patients:

B Click **Verify Access Code**, which will autofill with the code from your email.

C Fill out the required fields to set up your account.

D Select a unique username and password.

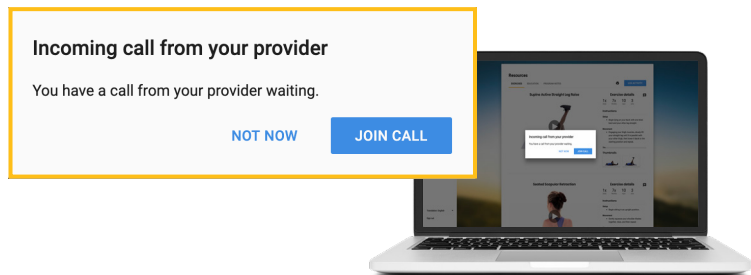
E Read and agree to the terms of use.



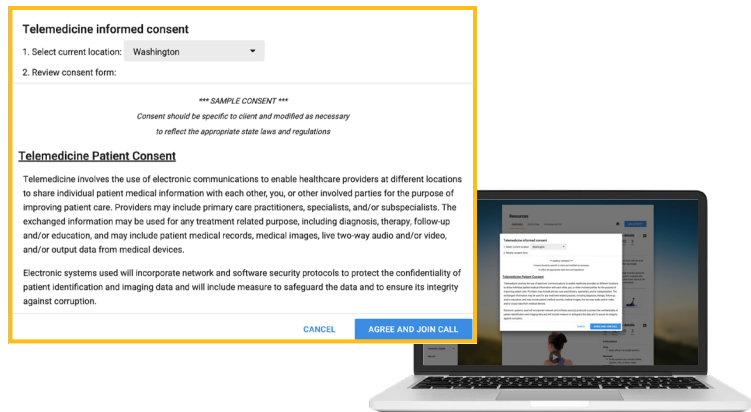
Tip: If you already have a call scheduled, log into your account 10 minutes before your call. You will receive a prompt to join the call from within the Patient Portal and via email.

Initiating Virtual Visit

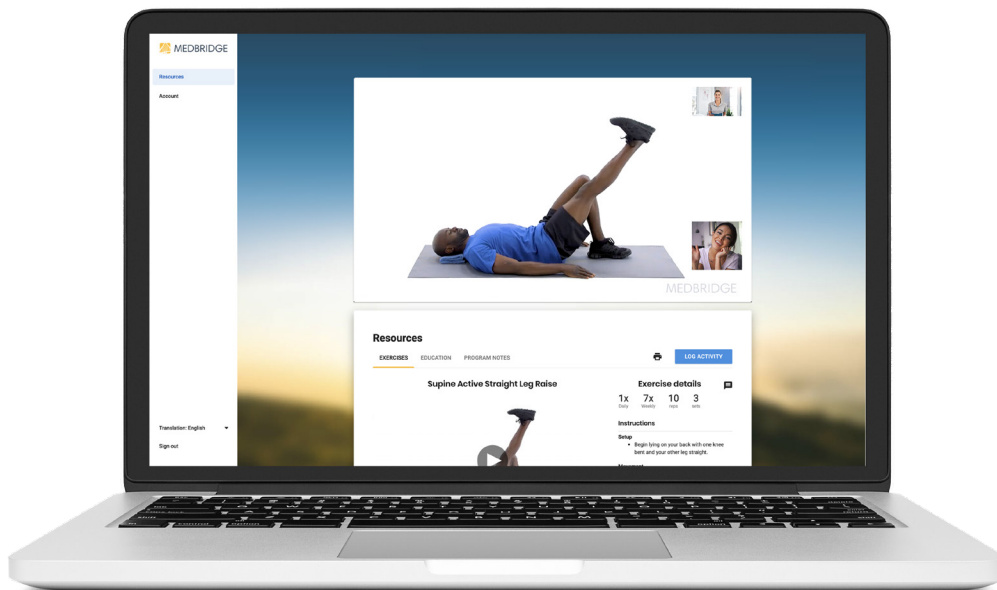
3 Wait for the prompt from your provider and click **Join Call**.




4 Confirm your location and read through and agree to the Terms & Conditions.



5 Your Telehealth virtual visit will now begin!



 **Tip:** During the visit, you can view your assigned home exercise program videos with your provider either by scrolling down or your provider sharing them with you.

Ending the Visit

6

After the session ends, don't forget to rate your Telehealth visit experience! If your provider makes many changes to your home exercise program during your visit, you'll be able to view these once your visit is complete.

